JUNE 2023

 Sunday Monday Tuesday Wednesday Thursday Friday Saturday

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  | 1 Weight Room | 2 Morning Lift | 3 |
| 4 | 5 Weight Room  | 6 Weight Room  | 7 Weight Room  | 8 Weight Room  | 9  | 10 |
| 11 | 12 Weight Room  | 13 Weight Room  | 14 Weight Room  | 15 Last Day of School | 16 | 17 |
| 18 | 19 | 20Strength & Condo 7 -8:45a | 21Strength & Condo 7 -8:45a | 22Strength & Condo 7 -8:45a | 23 | 24 |
| 25 | 26Strength & Condo 7 -8:45a | 27Strength & Condo 7 -8:45a | 28Strength & Condo 7 -8:45a | 29Strength & Condo 7 -8:45a | 30 |  |