|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | 1Strength & Condo 7 -8:45a  | 2Strength & Condo 7 -8:45a | 3 Strength & Condo 7 -8:45a**Skill Night @ Medfield 5:30p-7:30** | 4Strength & Condo 7 -8:45a | 5 | 6 |
| 7 | 8 Strength & Condo 7 -8:45a | 9Strength & Condo 7 -8:45a | 10 Strength & Condo 7 -8:45a **Skill Night @ Medfield 5:30p-7:30** | 11**EQUIPEMENT HAND OUT**7:00a-9:00a | 12 | 13 |
| 14 | 15Preseason Camp @ Medfield 4:00-8:00pm | 16Preseason Camp @ Medfield 4:00-8:00pm | 17 Preseason Camp @ Medfield 4:00-8:00pm | 18RAIN DATE Medfield Camp | 19 **7:00-m Equipment** 8:30-12:00pm First Practice (EAST) | 20Practice 8:15a-12:00pm (EAST) |
| 21 | 22Practice 7:30am-12:00pm (EAST) | 23Practice 7:30am-12:00pm (EAST) | 24Practice 7:30am-12:00pm (EAST)TEAM COOKOUT1:30-4:30 | 25Practice 3:00pm-8:30pm (EAST) | 26Practice 3:00p-8:30pm (EAST) | 27**Scrimmage @****Medfield****9:00am** |
| **28** | 29Practice 3:00-6:00pm (SHS)**MEDIA DAY** | 30 Practice 3:45-6:00pm (EAST)**AD MEETING****6:30pm Aud.**  | 31Practice 3:45-6:00pm (EAST) | 1**Scrimmage @ Randolph 5:00pm**  | 2Practice 8:30-11:30am (SHS) | 3 |

 August 2022

 Sunday Monday Tuesday Wednesday Thursday Friday Saturday