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|  | 1  Strength & Condo 7 -8:45a | 2  Strength & Condo 7 -8:45a | 3 Strength & Condo 7 -8:45a**Skill Night @ Medfield 5:30p-7:30** | 4  Strength & Condo 7 -8:45a | 5 | 6 |
| 7 | 8  Strength & Condo 7 -8:45a | 9  Strength & Condo 7 -8:45a | 10 Strength & Condo 7 -8:45a **Skill Night @ Medfield 5:30p-7:30** | 11  **EQUIPEMENT HAND OUT**  7:00a-9:00a | 12 | 13 |
| 14 | 15  Preseason Camp @ Medfield 4:00-8:00pm | 16  Preseason Camp @ Medfield 4:00-8:00pm | 17 Preseason Camp @ Medfield 4:00-8:00pm | 18  RAIN DATE  Medfield Camp | 19 **7:00-m Equipment**  8:30-12:00pm First Practice (EAST) | 20  Practice 8:15a-12:00pm (EAST) |
| 21 | 22  Practice 7:30am-12:00pm (EAST) | 23  Practice 7:30am-12:00pm (EAST) | 24  Practice 7:30am-12:00pm (EAST)  TEAM COOKOUT  1:30-4:30 | 25  Practice 3:00pm-8:30pm (EAST) | 26  Practice 3:00p-8:30pm (EAST) | 27  **Scrimmage @**  **Medfield**  **9:00am** |
| **28** | 29  Practice 3:00-6:00pm (SHS)  **MEDIA DAY** | 30 Practice 3:45-6:00pm (EAST)  **AD MEETING**  **6:30pm Aud.** | 31  Practice 3:45-6:00pm (EAST) | 1  **Scrimmage @ Randolph 5:00pm** | 2  Practice 8:30-11:30am (SHS) | 3 |

August 2022

Sunday Monday Tuesday Wednesday Thursday Friday Saturday