July 2022

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| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  | 1 | 2 |
| 3 | 4Independence Day | 5Strength & Condo 7 -8:45a | 6Strength & Condo 7 -8:45a | 7Strength & Condo 7 -8:45a | 8 | 9 |
| 10 | 11Strength & Condo 7 -8:45a | 12Strength & Condo 7 -8:45a | 13 Strength & Condo 7 -8:45aSkill Night @ Medfield 5:30p-8:00p | 14Strength & Condo 7 -8:45a | 15 | 16 |
| 17 | 18Strength & Condo 7 -8:45a | 19Strength & Condo 7 -8:45a | 20 Strength & Condo 7 -8:45aSkill Night @ Medfield 5:30p-8:00p  | 21Strength & Condo 7 -8:45a | 22 | 23 |
| 24/31 | 25 Strength & Condo 7 -8:45a | 26Strength & Condo 7 -8:45a | 27 Strength & Condo 7 -8:45aSkill Night @ Medfield 5:30p-8:00p | 28Strength & Condo 7 -8:45a | 29 | 30 |

 Sunday Monday Tuesday Wednesday Thursday Friday Saturday