July 2022

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| --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  | 1 | 2 |
| 3 | 4  Independence Day | 5  Strength & Condo 7 -8:45a | 6  Strength & Condo 7 -8:45a | 7  Strength & Condo 7 -8:45a | 8 | 9 |
| 10 | 11  Strength & Condo 7 -8:45a | 12  Strength & Condo 7 -8:45a | 13 Strength & Condo 7 -8:45a  Skill Night @ Medfield 5:30p-8:00p | 14  Strength & Condo 7 -8:45a | 15 | 16 |
| 17 | 18  Strength & Condo 7 -8:45a | 19  Strength & Condo 7 -8:45a | 20 Strength & Condo 7 -8:45a  Skill Night @ Medfield 5:30p-8:00p | 21  Strength & Condo 7 -8:45a | 22 | 23 |
| 24/31 | 25  Strength & Condo 7 -8:45a | 26  Strength & Condo 7 -8:45a | 27 Strength & Condo 7 -8:45a  Skill Night @ Medfield 5:30p-8:00p | 28  Strength & Condo 7 -8:45a | 29 | 30 |

Sunday Monday Tuesday Wednesday Thursday Friday Saturday